

UPCOMING EVENTS



You Are Not a Bad Parent: How to Practice Self-Compassion and Give Yourself a Break

Dr. Carla Naumburg
Thursday, January 5 at noon & 7pm



The Varied Paths to 21st Century Careers

Distinguished Panel with Northwestern's Dr. Paul Corona,
Mark Presnell and COD Dean Kris Fay
Tuesday, January 10, 2023 at 7pm



SPECIAL EVENT

Noonday Demon: An Anatomy of Depression

Dr. Andrew Solomon
Wednesday, January 18, 2023 at 7pm



آپ کے بچے کو پھلنے پھولنے میں مدد کے لیے والدین کی مثبت حکمت عملی Positive Parenting Strategies to Help Your Child Flourish

Presented in Urdu & Hindi
Saadia Baig
Thursday, January 19, 2023 at 7pm



Strategies to Foster Kids' Social Skills

Michelle Garcia Winner, Founder of "Social Thinking"
Tuesday, January 25, 2023 at 7pm



BLACK HISTORY MONTH EVENT

Motivating, Supporting and Expanding the Capacity of all Students

Zaretta Hammond
Wednesday February 1, 2023 at 7pm



Essential Communication and Life Skills: A Kid's Guide to Growing Up

Dr. Catherine Newman
Wednesday, February 8, 2023 at noon and 7pm



Take in the Good: Skills for Staying Positive, Reducing Stress and Living Your Best Life

Gina Biegel
Wednesday, February 15, 2023 at noon and 7pm



Relaciones Actuales entre Adolescentes Teen Relationships Today

Presented in Spanish
Ana Mandujano, YWCA Educator
Tuesday, February 16 at 7pm

